



Your 30-Day Novel Writing Game Plan with Becca Day

Answer these questions so that you can tackle the next 30 days with a solid plan.

Step 1: Define Your Goal

What is my writing goal?:

(Example: Write 15,000 words, finish Act One, or write 4 times per week)

Step 2: Schedule Your Writing Time

What days will I write?:

What time slots can I commit to?:

How many words can I realistically write in one of these sessions?:

Do I want to set specific days aside to not write?:

(Rest days matter. Plan for them!)

Do I have any big events coming up that are going to impact my ability to write?:

Step 3: Calculate Your November Word Goal

Based on the above, how many words can I realistically write in November?:

Is my goal still realistic?:

(Adjust if needed. Sustainable > ambitious.)



Your 30-Day Novel Writing Game Plan with Becca Day

Answer these questions so that you can tackle the next 30 days with a solid plan.

✔ Step 4: Measure and Reward Progress

How will I measure progress?:

(Word count tracker, the [Jericho Writers Virtual Writing Retreat](#), chapter milestones, number of sessions, etc.)

How will I reward myself when I make progress?:

(Small treats, rest days, or something that feels meaningful.)

💡 Step 5: Stay Ahead of Challenges

What might get in the way, and how will I overcome it?:

(Think about time, motivation, distractions, or self-doubt, and make a plan.)

♥ Tip from Becca

“This plan isn’t about perfection. It’s about progress.
Even small, consistent effort adds up.
Stick your plan somewhere you’ll see it every day,
and remind yourself: you’re writing a book, one session at a time.”